



# Ribbed Cable Grip

**WARNING** Never take risks with electrical safety. Always disconnect the mains power before beginning any electrical work and test that it is isolated - it is NOT enough just to turn off the socket switch. Electrical products must be installed in accordance with IET regulations (BS 7671). If you are in any doubt, always consult a qualified electrician or an experienced person registered with an electrical Competent Person Scheme. Further information is available online or from your Local Authority.

Ribbed Cable Grips from Dowsing & Reynolds provide an elegant solution to suspending flex cables across ceilings and walls.

## To mount your ribbed cable grip

- 1 Plan the desired route for your flex cable and double check that there are no pipes or cables concealed behind your intended mounting positions.
- 2 Depending on the surface onto which you are mounting (eg brick, concrete or plasterboard), you may need to use wall plugs. If so, drill a suitable hole and insert a wall plug (supplied by others). If the mounting surface is wood, you may need to drill a small pilot hole.
- 3 Unscrew the large *ribbed screw cap* from the *cable cup*.

- 4 Hold the cable cup against the surface hole and insert a suitable screw. Tighten the screw while ensuring that the slots of the cup face in the right direction for your cable run.

- 5 Hold your cable up into the slots of the cup and then place the ribbed screw cap onto the screw thread of the cup. Carefully tighten the ribbed screw cap so that it holds firm the cable.

